

**2011 Sample Menu**  
**PRO Classic II**  
**Professional River Outfitters, Inc.**

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**Day 1**

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**Lunch: Cold Cuts (turkey, ham, roast beef)**

Served with: Assorted Cookies  
Pickles  
Assorted Wheat and Rye Bread  
PB & J Fixins

**Dinner: Rib Eye Steaks**

Served with: Crackers and Specialty Cheeses  
Fresh Vegetable - Russet Potatoes  
Blue Cheese Slaw

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**Day 2**

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**Breakfast: Bagels and Cream Cheese**

Served with: Lox, Capers & Red Onion

**Lunch: Guacamole**

Served with: Flour Tortillas  
Black Olives  
Nuts: Mixed

**Dinner: Fresh Stir Fry**

Served with: Ginger Snaps  
Cucumber Salad  
Stir Fry Sauce  
Basmati Rice  
Pork Strips

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**Day 3**

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**Breakfast: Pancakes**

Served with: Maple Syrup  
Ham for Breakfast

**Lunch: Cold Cuts (turkey, ham, roast beef)**

Served with: Condiment Combo  
Assorted Wheat and Rye Bread  
Assorted Granola Bars

**Dinner: Halibut Steaks**

Served with: Spinach Artichoke Dip  
Rice Pilaf  
Fresh Vegetable - Broccoli  
Carrot Cake w/ Cream Cheese Frosting

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**Day 4**

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**Breakfast: Omelets with Assorted Fillings**

Served with: Sausage Links

**Lunch: Bean Taco Salad**

Served with: Salty Mix  
Cookies (Fig Newtons)

**Dinner: Burgers with The Works**

Served with: Peach Cobbler  
Red Potato Salad  
Beef Patties  
Coleslaw, Traditional

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**Day 5**

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**Breakfast:**   **Granola**  
                  Served with: Yogurt

**Lunch:**       **Cold Cuts (turkey, ham, roast beef)**  
                  Served with: Green Olives  
                                  Assorted Wheat and Rye Bread  
                                  Trail Mix (Gorp)

**Dinner:**      **Pasta and Sauce - Marinara**  
                  Served with: Olive Tapenade, Cream Cheese & Crackers  
                                  Garlic Bread  
                                  Italian Sausage  
                                  Spaghetti  
                                  Greek Salad

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**Day 6**

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**Breakfast:**   **Eggs to Order**  
                  Served with: Toast  
                                  Sausage Links

**Lunch:**       **Tuna Salad**  
                  Served with: Assorted Wheat and Rye Bread  
                                  Gardettos Snak'ens  
                                  M&M's (peanut and plain)

**Dinner:**      **Chicken**  
                  Served with: No Bake Chocolate Mousse Pie  
                                  Lemon Pepper Sauce  
                                  Pesto Sauce  
                                  Fettuccine  
                                  Spinach Salad

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**Day 7**

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**Breakfast:**   **Pancakes**  
                  Served with: Blueberries  
                                  Maple Syrup  
                                  Ham for Breakfast

**Lunch:**       **Cold Cuts (turkey, ham, roast beef)**  
                  Served with: Assorted Wheat and Rye Bread  
                                  Pringles  
                                  Assorted Cookies

**Dinner:**      **Fajitas**  
                  Served with: Chicken Strips, Fajita Marinade  
                                  Refried Beans  
                                  Tort. Chips w/ Salsa & premade Guacamole

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**Day 8**

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**Breakfast:** **Fried Egg Sandwiches**  
Served with: Canadian Bacon

**Lunch:** **Hummus Spread**  
Served with: Pita Pockets  
Greek Olives  
Beef Jerky

**Dinner:** **Lamb Chops**  
Served with: Fresh Vegetable - Red Potatoes  
Fresh Vegetable - Yellow Squash  
Devil's Food Cake w/Vanilla Frosting

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**Day 9**

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**Breakfast:** **Assorted Hot Cereals**  
Served with: Raisins  
Walnuts  
Bagels and Cream Cheese

**Lunch:** **Cold Cuts (turkey, ham, roast beef)**  
Served with: Assorted Wheat and Rye Bread  
Assorted Cookies  
Condiment Combo

**Dinner:** **Burritos**  
Served with: Ground Beef  
Spanish Rice  
Jicama Cucumber Salad  
Crackers, Cream Cheese & Pepper Jelly

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**Day 10**

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**Breakfast:** **Huevos Rancheros**  
Served with: Sausage Links

**Lunch:** **Chicken Salad**  
Served with: Nutella  
Pretzels  
Assorted Wraps

**Dinner:** **Burgers with The Works**  
**Hot Dogs with Relish and Onions**  
Burgers with The Works:  
Served with: S'Mores!  
Baked Beans  
Beef Patties  
Hot Dogs with Relish and Onions:  
Served with: Baked Beans  
Hot Dogs  
S'Mores!

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**Day 11**

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**Breakfast:** Assorted Cold Cereals  
Served with: English Muffins

**Lunch:** Bean Taco Salad  
Served with: Black Olives  
Wasabi Peas

**Dinner:** Pork Loin Chops with Apple Sauce  
Served with: Herb Stuffing  
Fresh Vegetable - Zucchini  
Triscuits, Cream Cheese and Shrimp

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**Day 12**

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**Breakfast:** Breakfast Burritos  
Served with: Bacon for Breakfast

**Lunch:** Muffuletta Sandwiches  
Served with: Assorted Cookies

**Dinner:** Enchilada Style Tamales  
Served with: No Bake Cheesecake  
Cherry Filling  
Instant Black Beans  
Fresh Veggies & Ranch Dressing

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**Day 13**

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**Breakfast:** Eggs to Order  
Served with: Toast

**Lunch:** Tabouli Salad  
Served with: Artichoke Hearts  
Trail Mix (Gorp)

**Dinner:** Pasta and Sauce - Alfredo Sauce  
Served with: Garden Salad  
Canned Crab  
Canned Shrimp  
Linguine  
Caramel Apples

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**Day 14**

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**Breakfast:** Pancakes  
Served with: Maple Syrup  
Bacon for Breakfast

**Lunch:** Salmon Salad  
Served with: Assorted Wheat and Rye Bread  
Dried Fruit (mixed)  
Honey Roasted Nuts

**Dinner:** Indian Golden Curry Stew  
Served with: Basmati Rice  
Canned Chicken  
Hummus, Carrots, Dolmas & Greek Olives

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**Day 15**

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**Breakfast: French Toast**

Served with: Maple Syrup  
Bacon for Breakfast

**Lunch: Salami and Cheese**

Served with: Salami  
Assorted Cookies  
Triscuit Crackers

**Dinner: Corn Chowder**

Served with: Dinner Rolls  
Three Bean Salad  
Pepperidge Farm Dessert Cookies

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**Day 16**

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**Breakfast: Assorted Cold Cereals**