

Sample Menu

PRO Classic II

Professional River Outfitters, Inc.

Start of Trip

Lunch: **Cold Cuts (Turkey, Ham, Roast Beef)**
 Served with: Assorted Cookies
 Pickles
 Assorted Wheat & Rye Bread
 PB & J Fixins

Camp 1

Dinner: **Rib Eye Steaks**
 Served with: Crackers & Specialty Cheeses
 Fresh Vegetable - Russet Potatoes
 Blue Cheese Slaw

Breakfast: **Bagels & Cream Cheese**
 Served with: Lox, Capers, & Red Onion
 Breakfast Fruit (Fresh)

Lunch: **Guacamole**
 Served with: Flour Tortillas
 Black Olives
 Nuts (Mixed)

Camp 2

Dinner: **Fresh Stir Fry**
 Served with: Ginger Snaps
 Cucumber Salad
 Stir Fry Sauce
 Pork Strips
 Basmati Rice

Breakfast: **Pancakes**
 Served with: Maple Syrup
 Ham for Breakfast
 Breakfast Fruit (Fresh)

Lunch: **Cold Cuts (Turkey, Ham, Roast Beef)**
 Served with: Relish Combo
 Assorted Wheat & Rye Bread
 Assorted Granola Bars

Camp 3

Dinner: **Halibut Steaks**
 Served with: Spinach Artichoke Dip
 Rice Pilaf
 Fresh Vegetable - Broccoli
 Carrot Cake w/ Cream Cheese Frosting

Breakfast: **Omelets w/ Assorted Fillings**
 Served with: Sausage Links
 Breakfast Fruit (Fresh)

Lunch: **Bean Taco Salad**
 Served with: Salty Mix
 Cookies - Fig Newtons

Camp 4

Dinner: **Burgers w/ the Works**
 Served with: Peach Cobbler
 Red Potato Salad
 Beef Patties

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Coleslaw (Traditional)

Breakfast: Granola

Served with: Yogurt
Breakfast Fruit (Fresh)

Lunch: Cold Cuts (Turkey, Ham, Roast Beef)

Served with: Green Olives
Assorted Wheat & Rye Bread
Trail Mix

Camp 5

Dinner: Pasta & Sauce - Marinara

Served with: Olive Tapenade, Cream Cheese, & Crackers
Garlic Bread
Italian Sausage
Spaghetti
Greek Salad

Breakfast: Eggs to Order

Served with: Sausage Links
Toast
Breakfast Fruit (Fresh)

Lunch: Tuna Salad

Served with: Assorted Wheat & Rye Bread
Pub Mix
M&M's (Peanut & Plain)

Camp 6

Dinner: Grilled Chicken

Served with: No-Bake Chocolate Mousse Pie
Lemon Pepper Sauce
Pesto Sauce
Fettuccine
Spinach Salad

Breakfast: Pancakes

Served with: Blueberries
Maple Syrup
Ham for Breakfast
Breakfast Fruit (Fresh)

Lunch: Cold Cuts (Turkey, Ham, Roast Beef)

Served with: Assorted Wheat & Rye Bread
Pringles
Assorted Cookies

Camp 7

Dinner: Fajitas

Served with: Chicken Strips w/ Fajita Marinade
Refried Beans
Tort. Chips w/ Salsa & Pre-Made Guac

Breakfast: Fried Egg Sandwiches

Served with: Canadian Bacon
Breakfast Fruit (Fresh)

Lunch: Hummus Spread

Served with: Pita Flatbread
Greek Olives
Beef Jerky

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Camp 8

Dinner: Lamb Chops

Served with: Fresh Vegetable - Red Potatoes
Fresh Vegetable - Yellow Squash
Devil's Food Cake w/ Vanilla Frosting

Breakfast: Assorted Hot Cereals

Served with: Raisins
Walnuts
Bagels & Cream Cheese
Breakfast Fruit (Fresh)

Lunch: Cold Cuts (Turkey, Ham, Roast Beef)

Served with: Assorted Wheat & Rye Bread
Assorted Cookies
Relish Combo

Camp 9

Dinner: Burritos

Served with: Ground Beef
Spanish Rice
Jicama Cucumber Salad
Crackers, Cream Cheese, & Pepper Jelly

Breakfast: Huevos Rancheros

Served with: Sausage Links
Breakfast Fruit (Fresh)

Lunch: Chicken Salad

Served with: Nutella
Pretzels
Assorted Wraps

Camp 10

Dinner: Burgers w/ the Works

Hot Dogs w/ Relish & Onions

Burgers w/ the Works:

Served with: S'Mores!
Baked Beans
Beef Patties

Hot Dogs w/ Relish & Onions:

Served with: Baked Beans
Hot Dogs
S'Mores!

Breakfast: Assorted Cold Cereals

Served with: English Muffins
Breakfast Fruit (Fresh)

Lunch: Bean Taco Salad

Served with: Black Olives
Wasabi Peas

Camp 11

Dinner: Pork Loin Chops w/ Apple Sauce

Served with: Herb Stuffing
Fresh Vegetable - Zucchini
Triscuits, Cream Cheese, & Shrimp

Breakfast: Breakfast Burritos

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Served with: Bacon for Breakfast
Breakfast Fruit (Fresh)

Lunch: Muffuletta Sandwiches

Served with: Assorted Cookies

Camp 12

Dinner: Enchilada Style Tamales - Pork & Chicken

Served with: No-Bake Cheesecake
Cherry Filling
Black Beans (Refried)
Fresh Veggies & Ranch Dressing

Breakfast: Eggs to Order

Served with: Toast
Breakfast Fruit (Fresh)

Lunch: Tabouli Salad

Served with: Artichoke Hearts
Trail Mix

Camp 13

Dinner: Pasta & Sauce - Alfredo Sauce

Served with: Garden Salad
Canned Crab
Canned Shrimp
Linguine
Caramel Apples

Breakfast: Pancakes

Served with: Maple Syrup
Bacon for Breakfast
Breakfast Fruit (Fresh)

Lunch: Salmon Salad

Served with: Assorted Wheat & Rye Bread
Dried Fruit (Mixed)
Honey Roasted Nuts

Camp 14

Dinner: Indian Golden Curry Stew

Served with: Basmati Rice
Canned Chicken
Hummus, Carrots, Dolmas, & Greek Olives

Breakfast: French Toast

Served with: Maple Syrup
Bacon for Breakfast

Lunch: Salami & Cheese

Served with: Salami
Assorted Cookies
Triscuit Crackers

Camp 15

Dinner: Corn Chowder

Served with: Dinner Rolls
Three Bean Salad
Pepperidge Farm Dessert Cookies

Breakfast: Assorted Cold Cereals

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Lunch: Tuna Salad
 Served with: Assorted Wheat & Rye Bread
 Pringles
 Assorted Candy Bars

Camp 16

Dinner: Late Trip Stir Fry
 Served with: Apple & Mandarin Orange Salad
 Kaibab Curry Stir Fry Sauce
 White Rice
 Lemony Oysters, Triscuits, & Cream Chees

Breakfast: Pancakes

Served with: Maple Syrup

Lunch: Peanut Butter, Jelly, & Honey

Served with: Assorted Wheat & Rye Bread
 Nuts (Mixed)
 M&M's (Peanut & Plain)

Camp 17

Dinner: Jambalaya
 Served with: White Rice
 §Coleslaw with Carrot, Raisin, Pineapple
 Popcorn & Butter

Breakfast: Assorted Cold Cereals

Lunch: Pasta Salad

Served with: Assorted Candy Bars

Camp 18

Dinner: Veggie Chili
 Served with: Chile Corn Bread
 Boatman's Cheesecake

Breakfast: Granola

Served with: Oatmeal (Instant Packets)

Lunch: Egg Salad

Served with: Assorted Wheat & Rye Bread
 Salty Mix

Camp 19

Dinner: Veggie Pot Pie
 Served with: Crackers, Sardines, & Kipper Snacks
 Canned Turkey

Breakfast: Eggs to Order

Served with: Toast

Lunch: Marinated Veggie Salad

Served with: Triscuit Crackers
 Honey Roasted Nuts

Camp 20

Dinner: Black Beans and Rice w/ Quesadillas
 Served with: After Dinner Mints
 Canned Chicken
 Mole

Breakfast: Assorted Cold Cereals

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Lunch: Hummus Spread
 Served with: Beef Jerky
 Green Olives
 Triscuit Crackers

Camp 21

Dinner: Veggie Noodle Soup
 Served with: Hard Candy (Assorted)
 Canned Turkey

Breakfast: Oatmeal (Packets)
 Served with: Dried Fruit (Mixed)

Lunch: Pasta Salad
 Served with: Clif Bars
 Summer Sausage

Camp 22

Dinner: Tomato Soup & Grilled Cheese Sandwiches
 Served with: Pringles Chips & Onion Dip
 Tropical Fruit Salad

Breakfast: Granola

Lunch: Chicken Salad
 Served with: Pub Mix
 Assorted Wraps

Camp 23

Dinner: Green Chile Stew w/ Torts & Cheese
 Served with: Black Bean Salad
 Mint Cookies
 Queso Dip w/ Tortilla Chips

Breakfast: Assorted Hot Cereals
 Served with: Raisins
 Walnuts

Lunch: Peanut Butter, Jelly, & Honey
 Served with: Assorted Wheat & Rye Bread
 Luna Bars

Camp 24

Dinner: Macaroni & Cheese
 Served with: Canned Tuna
 Canned Vegetable - Corn

Breakfast: Assorted Cold Cereals
